

# Volleyball Parent Meeting – Monday April 9th, 2018

## Spring

### Night at the Races - Now a Reverse Raffle!

- Saturday April 21st, Doors open at 6pm
- Tables of 8
- See Courtney Seckinger w/ questions about basket

### Current events

- Small group sessions
- Liftings
  - HS: Monday 7-8, Wednesday 6-7, Thursday 7-8
  - Current 8th: Tuesday 7-8, Wednesday 7-8
- Vertical Training Program starting Mid May - details to come!

## Summer

### Summer League

- Thursdays June 29th-July 27th
- Freshman/JV 5:30-7:30
- Varsity 7:30-9:30
- \$300/team - Asking \$30/player
  - Checks due by next Friday, 4/20 (Made payable to SMFHS)

### Junior Bulldog Camp

- June 7th - 9th, 9am-12pm
- Any player can help!
- Flyer also on “printable documents” page on our website, please spread the word!

### Gold Medal Squared

- Register at [www.goldmedalsquared.com](http://www.goldmedalsquared.com)
  - Click “Registration Center” on homepage
- June 12th-15th, 8am-5:30pm with scheduled breaks
- \$175/player (if you need help please ask!)
  - Checks made out to SMFHS
- Tuesday and Wednesday - KSU Rec Center
  - Need to fill out waiver for Rec Center
- Thursday and Friday - HS Main Gym

### Tournaments

- Varsity hopefuls (Invite Only)
- Kent State HS Challenge - Tuesday July 10th
- Mount Union HS Tournament - Friday July 20th

## Fall

### Try-outs

- Wednesday August 1st

### Program Cook-Out

- Saturday August 4th
- Family event!

### Car Wash

- Sunday, August 5th

### Toledo "Best of Ohio" Scrimmage

- Varsity Only
- August 11th-12th
- Working on setting up a block of rooms

### Season

- <http://www.smfgirlsvolleyball.com>
  - Calendar is constantly updated
  - Regular season schedule is posted as well
  - Fill out "New Player Info Form" under HS tab to be added to contact list

## Contact Us

Remind (3rd Party Messaging service/App - No need for phone numbers!)

- Parents: Text @stowvb14 to "81010"
- Players: Text @stowv to "81010"

Email

- Coach Lizzy: [st\\_emcdade@smfcsd.org](mailto:st_emcdade@smfcsd.org)
- Coach Pam: [pam.fair@ccchapel.com](mailto:pam.fair@ccchapel.com)

## GMS Pedigree

"Programs running GMS systems have won at every level of the game: Olympic Gold Medals, NCAA Championships, European Professional League titles, JO Championships and more. But our greatest successes have come at the Junior high and high-school level - during our 20+ years of running camps, over 500 schools have won State High School Championships. Hundreds more have won regional/sectional championships, and virtually every school that holds a camp has an improved season over the previous one. We are the leaders in training volleyball players/teams and we have the results to prove it. - Five Olympic Medals - 12 NCAA D1 Championships - 10 Junior Olympic Club Championships - Over 500 High School State Championships - Thousands of League, District, and Regional Champs"